

Lent

Years 3 and 4

- The children learn that Lent is a time for fasting, extra prayer and alms-giving so we can grow closer to God.
- They identify the symbols of Lent.
- They read the miracle of the Widow at Nain and learn what it teaches us about Jesus.
- The children learn the Act of Contrition and identify the meaning of the key words.
- They learn how Jesus overcame temptation and recognise the challenges faced by Christians in their daily lives.
- They learn what Jesus teaches about forgiveness.